

# Class Schedule 2023

Monday			
Time	Class	Age group	Level
14:00 - 15:00	Recreational Gymnastics	Between 3 and 7	Level 0 - 2
15:00 - 16:00	Recreational Gymnastics	Between 3 and 7	Level 0 - 2
16:00 - 18:00	Recreational Gymnastics	6 years and up	Level 1 and up
Tuesday			
Time	Class	Age Group	Level
14:00 - 15:00	Recreational Gymnastics	Between 3 and 7	Level 0 - 2
15:00 - 16:00	Recreational Gymnastics	Between 3 and 7	Level 0 - 2
16:00 - 18:00	Recreational Gymnastics	6 years and up	Level 1 and up
Wednesday			
Time	Class	Age Group	Level
14:00 - 15:00	Recreational Gymnastics	Between 3 and 7	Level 0 - 2
15:00 - 16:00	Recreational Gymnastics	Between 3 and 7	Level 0 - 2
16:00 - 17:30	Recreational Gymnastics	6 years and up	Level 1 and up
17:30 - 18:30	Recreational Gymnastics	Adults	New addition from Feb 2023
Thursday			
Time	Class	Age Group	Level
09:30 - 10:15	Parents and child class 1 - 3 years old		
14:00 - 15:00	Recreational Gymnastics	Between 3 and 7	Level 0 - 2
15:00 - 16:00	Recreational Gymnastics	Between 3 and 7	Level 0 - 2
16:00 - 17:30	Recreational Gymnastics	6 years and up	Level 1 and up
Saturday			
Time	Class	Age Group	Level
09:00 - 09:45	Parents and child class 1 - 3 years old		
10:00 - 11:00	Recreational Gymnastics	Between 3 and 7	Level 0 - 2
11:00 - 12:30	Recreational Gymnastics	6 years and up	Level 1 and up